



RENSCONNECT

WHERE BUSINESS + COMMUNITY CONVERGE

FROM OUR PRESIDENT'S DESK

Member Engagement & Valuable Conversations

Every proactive Chamber spends significant time and effort thinking about the effectiveness of its member engagement. But what is member engagement? At the most basic level, it means connecting with *you*, our members, on *your* terms and sharing things *you* find value in. Successful engagement impacts members in ways that are enjoyable and worthwhile. It should encompass excellent delivery of services, open communication with members and tangible value for investment.

Ahead of the Curve

The numbers show that our Chamber is in a solid position of growth: **91%** of members re-invest in our Chamber by renewing their membership; in 2018, nearly **3,000** members participated in **38** events; more than **59** major sponsors chose to build their brand through supporting our programs (18% were new sponsors); and our

ambassador outreach or other avenues, our job is to help you achieve your goals. It's our purpose, with your help, to show you the full value of your Chamber membership in new and impactful ways. Your participation in the Chamber is essential to our mission, which is to support your success. It's a symbiotic partnership right from the start.

Let Us Help You

Not sure how to engage with the Chamber? Contact us and let our staff give you all of the options available through membership that will address your specific goals. We are your business resource, whether it's personal introductions and referrals, help navigating social media platforms, understanding new labor laws or promoting your hiring needs. As the principal business, civic and economic development organization for the Rensselaer County region, we know the stakeholders, the local municipalities and the



"Successful member engagement begins with a conversation and we're all about getting that conversation started. Let us help you take advantage of the valuable Chamber resources at your fingertips."

Chamber President Kate Manley

e-newsletter click-thru rate is three times the industry average. Member engagement can be complicated because it's not the same for everyone. Think of your membership as a concierge service. Training and education may be a priority for some Chamber members, while networking and connections are of greatest importance to others. Digital marketing, advocacy, business resources — the list of Chamber offerings is considerable. **But successful engagement occurs only when we connect members to the benefits and services that are meaningful to you and your business.** That's why member engagement is all about two-way communication, a personal conversation between us and you.

A Conversation Worth Having

How do we know what you need to be successful? We listen to what you say you need. Whether it's through a member survey, feedback at events,

programs and services that can help you get the job done. As a member, you don't have to go at it alone — you've got the Chamber on your side.

Share Your Success

The ultimate measure of success for member engagement occurs when our members recommend Chamber membership to others. Do you know a business that could benefit from joining our organization? Let us know. Feel free to share your positive experience with others in the business community. When new members join the Chamber, they are investing in the economic future of our region and the people who work and live here. The Chamber is focused on building community and our strength is in our members. We look forward to hearing from you!

Kate Manley

kmanley@renscochamber.com

ASK A BOARD MEMBER:

Today's Health Care Delivery

Scarlet Clement-Buffoline, MS, is the Chief Operating Officer of St. Peter's Health Partners Acute Care. She oversees the daily operations of Samaritan Hospital, St. Mary's Campus, St. Peter's Hospital and Albany Memorial Hospital.



Q » How is health care delivery changing?

A » For many years, health care was hospital-centric with the focus on treating illness and recovery. The new health care landscape is patient-centered with an emphasis on wellness, prevention and outpatient treatment. Today's health care is delivered more often within the communities where people live and work, through collaborative relationships with primary care physicians and the patients themselves. Most health care facilities are putting resources into community locations and services that reach the patient population where they are and in ways that empower them as health care consumers.

Q » What trends are driving the delivery of care?

A » Recognizing the social determinants of health as well as medical needs is an important trend. Factors that shape a patient's health, such as socioeconomic status, education, neighborhood, physical environment, employment, access to transportation and social support networks all affect health care outcomes. Initiatives, including state and federal programs, are seeking to identify and address how health-related social needs affect health costs, reduce inpatient and outpatient utilization and impact patient outcomes.

Q » How can small businesses adapt to trends?

A » Small and emerging businesses often prove to be very creative and flexible to changing markets. Businesses that place an emphasis on employee wellness are better able to attract and retain a healthy workforce, which in turn lowers costs and gives them more engaged employees. Businesses can partner with existing resources, such as Walk with a Doc (walkwithadoc.org), to encourage healthy lifestyles among their staff members. This type of strategy can generate positives outcomes that make a difference to businesses and to individuals.

The Rensselaer County Regional Chamber of Commerce is a business, civic and economic development alliance that strives to enhance the economic vitality of Rensselaer County and the neighboring Gateway communities of Cohoes, Green Island, Waterford and Watervliet. The Chamber seeks to improve the quality of life within the community for both residents and businesses.

"RENSCONNECT" is published monthly. Submissions considered for publication are based upon content and space availability.

Kate Manley, President
90 Fourth Street, Suite 200, Troy, NY 12180
Phone: 518.274.7020 | Web: renscochamber.com

Editor: Doreen M. Ercolano
Co-Editor: Staci O'Neill
Design: Spiral Design Studio, LLC



@Renscochamber



@RenscoChamber



Rensselaer County
Regional Chamber
of Commerce



@renscochamber

Printed on recycled paper.

SAVE THE DATE

THURSDAY, MAY 9, 2019

119th ANNUAL DINNER
{with a twist} & BUSINESS EXPO

..... SEE RENSCOCHAMBER.COM FOR ADDITIONAL INFORMATION ON RESERVING AN EXPO BOOTH

New Members

AMRI
Biosciences
Biotechnology
Rep: Pattie Kerbert
26 Corporate Circle
Albany, NY 12203
Phone: 518.512.2175
VISIT amriglobal.com

Innovative Wealth Management
Financial Advisor
Rep: Kerry Fagan
38 East Road
Troy, NY 12180
Phone: 518.867.2123
VISIT innovativewealthmgmtllc.com

Matzen Construction Management Services, LLC
Construction
Rep: Peter T. Matzen
200 Ford Road
Melrose, NY 12121
Phone: 518.663.5400

Partition Wine and Liquors
Liquor Store
Rep: Timmy Bayly
800 Broadway
Rensselaer, NY 12144
Phone: 518.818.0856

Polyset
Manufacturing
Rep: Niladri Ghoshal
65 Hudson Avenue
Mechanicville, NY 12118
Phone: 518.664.6000
VISIT polyset.com

Train HD
Fitness
Rep: Anthony Demetrio
265 Osborne Road
Albany, NY 12211
Phone: 845.313.8001
VISIT trainhd.com

Member News



Hudson Valley Community College will launch a new fast-track option for its associate degree in nursing (photo above) this summer. The one-year advanced placement nursing option allows eligible students to condense two core clinical nursing courses in one term. Successful students can complete their studies the following spring. The college’s focus is on admitting students who already have earned a bachelor’s degree in another field but who are seeking a career in nursing. VISIT hvcc.edu



Northern Rivers Family of Services announced the addition of Linda Daley, who joined the organization as chief human resources officer. She provides strategic oversight for her department including recruitment, retention and employee relations. She also serves as a member of Northern Rivers’ executive leadership team. VISIT northernrivers.org

Stragility, LLC, a strategic planning and execution services firm, unveiled a new website. The firm helps forward-thinking leaders achieve traction in their business by focusing on strategy execution, market research and talent solutions. Stragility partners with clients to move their businesses to the next level by generating results and achieving new success. VISIT stragilityllc.com

Brunswick Veterinary Hospital was awarded the American Animal Hospital Association’s top honor, AAHA accreditation, in recognition of its commitment to maintaining high standards of care. The honor places the practice among the top 12-15% of animal hospitals in the U.S. and Canada. VISIT brunswickveterinaryhospital.com

Saratoga National Bank and Trust Company, which celebrated its 30th anniversary in 2018, welcomed Philip Carr as a mortgage originator to its residential lending team. He uses his expertise to assist clients with their mortgage needs and guides them through the application process. VISIT saratoganational.com



St. Peter’s Health Partners (SPHP) earned Integrated Care Certification from The Joint Commission, the premier health care quality improvement and accrediting body in the nation. The certification demonstrates SPHP’s focus on improving care coordination across the continuum of care, including information sharing, transitions of care and other key activities impacting patients moving between the hospital and outpatient care. SPHP is the first organization in New York and one of only a few organizations in the U.S. to receive the certification. VISIT sphp.com

Catholic Charities Disabilities Services appointed Evelyn Schultz and Roscoe Haynes to its board of directors. Ms. Schultz, who resides in Castleton, is actively involved in volunteering for organizations that assist persons with disabilities. She has experience in the field of intellectual and developmental disabilities. Mr. Haynes, who lives in Rensselaer, has experience in the field of fiscal management. He previously served on the executive board of East Ridge Community Church and as a coach in a youth soccer league. VISIT ccrca.org

County Waste & Recycling built and donated 250 bicycles to charities as part of its annual Christmas Bike Promise. Funding for the program comes from employee fundraisers, vendors and sponsors. VISIT wasteconnections.com

Times Union is seeking nominations for the 2019 Jefferson Awards, which recognize local people who do extraordinary volunteer work within their community. This year’s award recipients will be recognized at a dinner in April at **The Century House** in Latham. One of the recipients will represent the Capital District at the National Jefferson Awards in Washington, DC in June. The Jefferson Awards are sponsored by **St. Peter’s Health Partners, WNYT NewsChannel 13** and the **Times Union**. Deadline for nominations is February 26. VISIT timesunion.com/jeffersonawards

Did You Know?
Your Event Belongs on Our
Online Events Calendar!

The Chamber’s online Member Events calendar gives you maximum exposure for posting your upcoming events at no cost. This go-to calendar listing for regional professionals connects your company or organization with a wide-ranging audience of Chamber members and community visitors to our website.

There’s even more good news: the Chamber will link your calendar listing to the landing page of your event. Whether it’s a website, Facebook page or other online outlet, our link drives readers straight to you!

Get started today at **renscochamber.com** by clicking the Connect at Events tab and choosing Submit a Member Event. Type in the event details by following the prompts and click Submit. Your event will be added to the calendar after Chamber approval.

If you have questions, need help or more information, contact Communications & Web Strategies Manager Staci O’Neill at 518.687.1243 or sonNeill@renscochamber.com.

EventsCalendar 2019

FEBRUARY

FRI FEB 15 **Meet the Legislators Luncheon**
A panel discussion featuring New York State representatives who will address issues facing our communities. This signature Chamber event gives members the opportunity to establish relationships with key decision-makers and voice opinions on local issues. Attendees will get a first-hand perspective into the legislative activities at the state capital.

☎ **Check-in & luncheon 11:30 a.m.; panel discussion 12-1 p.m.** \$35 members | \$50 walk-in members. The Century House, 997 New Loudon Road in Latham. *Sponsored by National Grid and Rensselaer Polytechnic Institute.*

THU FEB 28 **Ask the Experts | 2019 Economic Outlook: How Macro Impacts the Micro for Your Business**
An insider’s look at how current economic and geopolitical environments will impact markets and the economic cycle in 2019. Join us for an informative presentation by Bouche Financial Group’s investment team including Steven Bouche, CFP®; Ryan Bouche, CFP®, CPA; and Martin Shields, CFP®, AIF. This is your opportunity to learn about macro-economic factors and how they can impact your business.

☎ **Check-in & luncheon 11:30 a.m.; presentation 12-1 p.m.** \$35 members | \$50 walk-in members. The Century House, 997 New Loudon Road in Latham. *Sponsored by CDPHP and SEFCU.*

MARCH

TUE MAR 05 **Wonder Women Mentoring Luncheon**
Join top women professionals as they share their experiences and strategies for success. Three 20-minute roundtables will spark lively and candid conversations about career challenges and solutions.

☎ **Check-in & luncheon 11:30 a.m.; mentoring conversations 12-1:30 p.m.** \$35 members | \$50 walk-in members. Pat’s Barn, 100 Defreest Drive in Rensselaer. *Sponsored by CAP COM FCU.*

THU MAR 28 **Member Benefits Breakfast**
Maximize your investment by discovering all of the advantages of membership. Designed for new and current Chamber members and their employees.

☎ **Check-in & breakfast 7:30 a.m.; benefits overview 8-9 a.m.** No cost for members; RSVPs requested. Courtyard by Marriott Albany Troy/Waterfront in Troy, 515 River Street in Troy. *Sponsored by Thomas K. Judd & Associates.*

THU MAR 21 **NetworkingPlus Luncheon**
Get connected, develop leads and build relationships at our one-of-a-kind, fast-paced networking event. A structured format, three table rotations and ambassador facilitators ensure purposeful and effective networking for success.

☎ **Check-in & luncheon 11:30 a.m.; networking 12-1:15 p.m.** \$35 members | \$50 walk-in members. Franklin Plaza Ballroom, Third Floor, 4 Fourth Street in Troy. *Sponsored by Sunmark FCU.*

A LOOK AHEAD

- » **The Leadership Institute Class of 2019 Graduation**
04/04/19
- » **College President’s Roundtable**
04/18/19
- » **SAVE THE DATE!**
119th Annual Dinner {With a Twist} & Business Expo
05/09/19

Sponsorship Opportunities Available!
Contact:
Events Coordinator Rachael Murray
rmurray@renscochamber.com
ph: 518.687.1238

ADDITIONAL INFO

No-shows will be billed; 24-hour notice is required for all cancellations.

Questions?
Contact Events Coordinator
Rachael Murray at 518.687.1238
or rmurray@renscochamber.com.


Register for Events:
renscochamber.com/events

KEEPING MEMBERS CONNECTED

Chamber Ambassadors Announced for 2019

Join us in extending a warm welcome to this year’s Ambassadors! These volunteers regularly contact members on behalf of the Chamber to gain a better understanding of your business needs and to relay questions, ideas and suggestions to us. Ambassadors actively encourage members to get involved and utilize Chamber benefits. They are also responsible for greeting and facilitating networking among members at events.

CHAD BINNEY
eBizDocs

SARAH CACIOLA
Pattison, Sampson, Ginsberg & Griffin, PLLC

SARAH COMMON
Best Western Plus Franklin Square Inn
Troy/Albany

CHRISTOPHER D’ALLAIRD
Christopher D’Allaird, CPA

DEANNA DAL POS
NAI Platform Realty Group

BARBARA GOLDSTEIN
Averill Park Central School District

GAIL HESSNEY
Northeastern Association of the Blind
at Albany (NABA)

JENNIFER HYDE
Catholic Charities of the Diocese of Albany

DARYL LOCKROW
Canon Solutions America, Inc.

KAREN MASON
Saratoga National Bank and Trust
Company

JOSLYN MCARDLE
Regional Food Bank of
Northeastern New York

BRENDAN PILAWSKI
County Waste & Recycling Services

FRED REALBUTO
Audubon International

CARIE SALA
Sunmark Federal Credit Union

TAMMY WEINMAN
Troy Rehabilitation &
Improvement Program, Inc. (TRIP)

LOOKING FOR CONNECTIONS?

New Leads Group is Seeking Members

Due to popular demand, the Chamber is starting a second Leads Group and is looking for representatives in the following industries: commercial real estate, human resource management, IT/network services, digital marketing, public relations and more. If you are interested in making connections with fellow Chamber members to grow your business network, are comfortable with giving active leads and are willing to make personal introductions, contact Elizabeth McGarry at emcgarry@renscochamber.com or 518.687.1240.

Check Out These Chamber Benefits

Here’s a quick reminder of important benefits we offer to you and all of your employees. For additional member benefits, visit renscochamber.com.

✓ ONLINE JOBS & VOLUNTEER BOARD

Find your next employee, intern or volunteer with the Chamber’s online Jobs, Intern & Volunteer Board. Post your opportunities at renscochamber.com/develop-chamber/job-internship-volunteer-board, one of our most-visited pages, and reach the right candidates from around the region at no charge. Positions are reviewed before publication.



✓ ON-THE-JOB TRAINING



If you are struggling to find or retain qualified employees, or seeking to upgrade the skills of your workforce, Rensselaer County’s One-Stop Career Center can help you. One-Stop provides resources, assistance and training opportunities that help businesses and

organizations with workforce development needs save money. Services include job postings, candidate screenings, direct job referrals, interview space and on-the-job training for new and existing employees. All of these services and more are provided free of charge. For information, contact Brian Williams at 518.270.2860 or visit rensco.com/employment.

✓ SMALL BUSINESS ASSISTANCE

The New York Small Business Development Center (NYSBDC) provides no-cost business counseling by experienced small business advisors to start-ups and existing businesses with fewer than 50 employees. Through personalized business interaction NYSBDC provides enterprise-specific and client-directed support needed to start, expand or re-energize businesses. An experienced representative from NYSBDC is available every other Thursday, 8:30 a.m. to 4 p.m. at the Chamber. For calendar dates, visit renscochamber.com/cost-saving-benefits.



CHAMBER MEMBER

spotlight

Culinary Square is a locally owned kitchen goods store located in the heart of downtown Troy. Owned by mother and daughter partners Carolyn and Samantha Fagan, this delightful shop is filled with quality items for all types of customers. From beginner cooks to seasoned chefs, from college students to neighborhood residents, customers are made to feel welcome as they explore cookware, knives, bakeware, utensils, small appliances, barware, cutting boards, handy gadgets and more. Whether it’s essentials or specialty items, Culinary Square carries a wide variety, including products by such leading brands as All-Clad, Staub, Shun and OXO.

“Our goal is for customers to feel at ease walking into the store,” said Samantha. “We want them to stop in, say hello and browse our collection. It’s really a store for everyone.”

Thanks to popular television shows, such as *Chopped*, *The Great British Baking Show* and others, cooking and baking have become less intimidating to people, noted Samantha. Add the public interest in organic and farm-to-table food and you’ve got a recipe for more individuals spending quality time in their kitchens and looking for the right supplies to suit their needs. The Fagans are quick to share their knowledge and expertise, honed from years of family recipes and parties. “Food has always played a big role in our family,” said Samantha. Twice a month, Culinary Square hosts a popular “Cookbook Book Club.” The club reads a new cookbook, available for purchase at nearby Market Block Books, and uses the recipes for a potluck dinner at the shop.

Locating their store in downtown Troy has given the Fagans the opportunity to be part of a close-knit and lively business community. “It’s great to work with business owners who are personally and professionally invested in the success of the whole community,” said Samantha. “There is a real spirit of collaboration and support for everyone.”



Culinary Square
251 River Street | Troy, New York 12180
Ph: 518.326.5818 | CULINARYSQUARETROY.com

To purchase a Spotlight, contact the Chamber at 518.274.7020

Alumni News from The Leadership Institute



Jason Brown ‘16, DC, co-owner of Brown Integrated Chiropractic, was awarded the 2018 Distinguished Alumni Award from New York Chiropractic College. The award recognizes outstanding service in the chiropractic field. Jason is trained and certified in a variety of rehabilitation methods and teaches post-graduate courses and seminars in the areas of conservative spine care, spinal rehabilitation, active care, functional assessment and corrective exercise. VISIT brownintegratedchiropractic.com



Brian Tramontano ‘18, (left) was promoted to vice president of Advisory Services and Sales at CAP COM FCU. VISIT capcomfcu.org



Katherine M. Scoville ‘18, (right) Registrar at The Sages Colleges, co-presented a professional development session at the 2018 Middle States Association of Collegiate Registrars and Officers of Admission Conference. VISIT sage.edu

Submit your Leadership Institute alumni news to Communications & Web Strategies Manager Staci O'Neill at soneill@renscochamber.com.

Member Milestones

30 Years

Victorious Life Christian Church

25 Years

Jets Truck & Auto Body Work, Inc.

15 Years

Capital Roots
Opalka Family Investment Partners, LP

5 Years

CD Perry, LLC
Columbia Development Companies

2019 BOARD OF DIRECTORS

DENISE M. PADULA, Board Chair*
Alchar Printing

EDWIN C. ANKER IV, AIA
CSArch Architecture | Engineering | Construction Management

KELLI ARNOLD
KeyBank, NA

JERILEE BEAUDOIN*
Pioneer Bank

VICTORIA CAROSELLA BAECKER
CDPHP

SCARLET CLEMENT-BUFFOLINE
St. Peter's Health Partners

TAMI COLE
Documentation Strategies, Inc. (DocStrats)

LISA DESPART*
AWCPlus

BETTY DIMARIA
Wojeski & Company CPAs, P.C.

KATHARINE K. DORAN, CPA
Teal, Becker & Chiaramonte, CPAs, P.C.

STEVEN FLENORY
WB Games New York

MICHAEL E. GINSBERG, ESQ.*
Pattison, Sampson, Ginsberg & Griffin, PLLC

CHAD HOTALING
Hannaford Supermarkets

DAQUETTA JONES
YWCA of the Greater Capital Region, Inc.

REGINA S. LAGATTA
Hudson Valley Community College

JOHN MILLET*
Bouchey & Clarke Benefits, Inc.

CHRISTOPHER NOLIN*
Rensselaer Polytechnic Institute

KATE OTIS
Saratoga National Bank and Trust Co.

RATNA RANDIVE
The Kaleel Jamison Consulting Group, Inc.

NICOLE STEIN*
SEFCU

JOHN TANNER III*
Spectrum Reach

PAUL VON SCHENK, CIC, CSRM
Amsure

DR. DONNA WATSON
Enlarged City School District of Troy

SCOTT WILEY
Hoosick Valley Contractors, Inc.

* Executive committee members.



90 FOURTH STREET, STE. 200 | TROY, N.Y. 12180
RENSCOCHAMBER.COM

Market. Develop. Connect.

PRSRT STD
U.S. POSTAGE
PAID
ALBANY, NY
PERMIT NO. 164

LOCAL ISSUES, STATE REPRESENTATIVES | FEBRUARY 15

Meet the Legislators and Join the Discussion



State representatives will participate in an informative panel discussion at the Chamber's Meet the Legislators Luncheon. Join us as we meet with elected officials including (clockwise from upper left) New York State Senator Neil D. Breslin, Senator Daphne Jordan, Assemblyman Jake Ashby and Assemblyman John T. McDonald III. Take advantage of this opportunity to establish relationships with key decision makers and voice opinions on local issues. Attendees will get a first-hand perspective into the legislative activities at the state capital and participate in a Q & A. Register today and get ready to join the conversation!

FRI
FEB
15

Register now at renscochamber.com/events

☎ Check-in & luncheon 11:30 a.m.; panel discussion 12-1 p.m. \$35 members | \$50 walk-in members. The Century House, 997 New Loudon Road in Latham. Sponsored by National Grid and Rensselaer Polytechnic Institute.

nationalgrid



ASK THE EXPERTS | FEBRUARY 28

2019 Economic Outlook: How Macro Impacts Micro

Get an insider's look at how current economic and geopolitical environments will impact markets and this year's economic cycle with the Chamber's Ask the Experts | 2019 Economic Outlook: How Macro Impacts the Micro for Your Business. This informative presentation by Bouchey Financial Group's investment team (at right) is a deep-dive into economic conditions and how a variety of factors are impacting economic forecasts. Our experts will show how these variables connect with local business environments and what you can expect in 2019. You'll leave with the knowledge to make informed decisions for your business in the coming year.

THU
FEB
28

Register now at renscochamber.com/events

☎ Check-in & luncheon 11:30 a.m.; presentation 12-1 p.m. \$35 members | \$50 walk-in members. The Century House, 997 New Loudon Road in Latham. Series is sponsored by CDPHP and SEFCU.



MEET OUR EXPERTS



Steven B. Bouchey, CFP® (left), president and CEO of Bouchey Financial Group, Ltd.; **Ryan S. Bouchey**, CFP®, CPA (center), vice president; and **Martin X. Shields** CFP®, AIF (right), vice president. As a Registered Investment Advisor, Bouchey Financial Group's investment team is focused on the individuality of each client, assisting high-net worth individuals, families, businesses and small institutions to grow and sustain their wealth.

WONDER WOMEN MENTORING | MARCH 05

Learn Strategies for Success and Empowerment

Heather C. Briccetti, Esq., President and CEO, The Business Council of New York State

Scarlet Clement-Buffoline, COO, St. Peter's Health Partners

Patricia A. Fusco, President and CEO, Fusco Personnel, Inc.

Carrie Harkin, Private Events Manager, Brown's Revolution Hall

Heidi Knoblauch, Owner and President, Plumb Oyster

Ruth Mahoney, Market President and Regional Retail Leader, KeyBank, NA

Carolyn Stefanco, President, The College of Saint Rose

Paula Stopera, President and CEO, CAP COM Federal Credit Union

Sarah Trop, Owner, FunCycled

Dr. Lauren VanDermark, CSJ, Executive Team, Shaker Pointe at Carondelet, Inc.



Learn how to harness YOUR power within, build professional and personal networks and find inspiring mentors

at the Chamber's Wonder Women Mentoring Breakfast. Top women professionals (at left) will share their experiences in a series of three 20-minute roundtables, sparking lively and candid conversations about career challenges and solutions. Table hop as you meet with mentors and discover new strategies for success. This event will give you "a-ha!" moments, new connections and take-away strategies.

TUE
MAR
05

Register now at renscochamber.com/events

☎ Check-in & luncheon 11:30 a.m.; mentoring conversations 12-1:30 p.m. \$35 members | \$50 walk-in members. Pat's Barn, 100 Defreest Drive in Rensselaer. Sponsored by CAP COM Federal Credit Union.



"Wonder Women Mentoring gave me the opportunity to meet and talk to outstanding women and to learn about their personal stories and challenges. As a first-time attendee, they made me feel comfortable about joining the conversation and I left with valuable insights to apply to my own career."

Jenna Anthony
Christopher Brian Salon

CRAFTY HOUR

At The Arts Center of
the Capital Region

TUESDAYS
5:30-7:30PM
\$50.00 Each

Stop over after work for our
"Crafty Hour" and explore
different crafts (and cocktails)
with your friends, or make
some new ones,
in this fun art series!



**Tattoo Drawing:
Roses & Hearts**
Tues. 2/12/19

Draw a traditional
tattoo rose and
heart through this
step-by-step guide.



Pottery Party
Tues. 2/19/19

Make a bowl on
our pottery wheels
and have some fun.
Come away with
a finished, glazed
piece of ceramic.



Cocktail Party
Tues. 3/5/19

Learn to make the
best appetizers,
hors d'oeuvres, and
cocktails to wow at
your next party!



**Japanese Flower
Arranging**
Tues. 3/19/19

Take home a one-
of-a-kind Japanese-
style flower
arrangement.



Print & Sip
Tues. 4/9/19

Learn to hand-block
and silk screen
print in this laid-
back environment.
Come away with a
tote bag with your
handmade print.



**Bean to Bar:
Chocolate Treats**
Tues. 4/23/19

Are you a chocolate
lover? Explore
how chocolate is
made and what
ingredients make it
so delicious!



Urban Watercolor
Tues. 5/14/19

Use downtown Troy
as your inspiration
while learning to
sketch and paint the
landscape.



**Sip & Saw: Rustic
Picture Frame**
Tues. 6/4/19

Create a rustic
picture frame in
our woodworking
studio.

THE ARTS CENTER OF THE CAPITAL REGION

265 RIVER ST, TROY, NY 12180 | 518-273-0552 | www.artscenteronline.org



Experience the arts your way!



Art's Bar

1st Thursday of the Month

5:30- 7:30PM

At The Arts Center of the Capital Region

Experience the arts your way!

Held directly in the gallery space, this immersive art experience is envisioned to include pocket art projects, celebrity guests and a killer vibe all soaked in some of the regions best cocktails available. Don't forget that proceeds from the bar go to The Arts Center's programming.



Photos by Ed Sager.

Art's Bar has been made possible with consideration from the following: Silver Fox Salvage, id29, Robert W. Kehn, EP & M International, Vanessa Etherington and Jeffrey DiStefano, James Linnan, Esq. and Stephen Kervin. Art's Bar is 2440 Design Studio production.

Rensselaer County Regional Chamber of Commerce Members Only Coupon



1st Thursday of Every Month
5:30- 7:30PM

At The Arts Center of the Capital Region

\$1.00 off 1 cocktail at Art's Bar applies to the signature cocktails only. Minimum value of the cocktails are \$12.00 each without the coupon. Customer must surrender this coupon at time of purchase. This coupon is not valid online. 1 coupon per customer per day allowed. Offer expires May 2019

THE ARTS CENTER OF THE CAPITAL REGION

265 RIVER ST, TROY, NY 12180 | 518-273-0552 | www.artscenteronline.org