VOLUME I7 | ISSUE 02 | FEBRUARY 2017 NEWSLETTER OF THE RENSSELAER COUNTY REGIONAL CHAMBER OF COMMERCE

MESSAGE FROM THE PRESIDENT New Opportunities & Ideas for 2017

partners to ensure the



Kate Ollier Chamber President

economic vitality of the Rensselaer County region.

Membership in the Chamber means unparalleled access to resources including professional development, networking, cost-savings benefits and value-added services designed to grow your business. Our Chamber is dedicated to one goal: providing the programs, services and resources that help businesses to succeed. Accomplishing this goal requires an ongoing flow of communication, creativity, flexibility and a perspective of thinking outside the box.

Since 2009, when I started working at the Chamber, I have been motivated by you, our members. Your drive to succeed, your spirit of collaboration and your sense of community are the reason our organization continues to strengthen and grow in new directions. And **new** is what 2017 is all about, as we embark on a year of innovation and forward-thinking action. Let's take a look:

A s the Chamber's Grow new president, eager to higher e to lead our dynamic of our w organization at a time will be p of new opportunities, conversa innovative ideas and schools, fresh possibilities. As I future e embark on this journey career of to serve our members, setting to look forward to our stro deepening the Chamber's unveil a working relationships unveil a

Growing (and keeping) workforce talent. We're eager to connect business with education, not just higher education, but K-12 schools where the future of our workforce is learning and developing. We will be presenting programs and initiatives to create conversations and partnerships between businesses with schools, bridging the gap between employers and their future employees. By exposing students to exciting career opportunities right here in our region, we'll be setting the stage to strengthen our workforce and keep our strong, homegrown talent.

Launching a new website. Early this spring, we'll unveil a website that is intuitive, user-friendly and ready to serve as a leading online resource for members, future members and a worldwide audience. Our website at renscochamber.com continues to grow every month.

Building the Chamber's brand and YOURS. We're pursuing new ways to build on the solid foundation of our brand to reach even deeper into the regional business community. By leveraging the Chamber's brand for your own business, you're gaining exposure and generating future clients. When we're strong, you're strong. This initiative is part of an overall "smart growth" strategy to capitalize on our positive momentum and evolve in new, exciting ways.

Two final notes: Be sure to meet the two newest members of our knowledgeable staff (see page 3) and take some time to share YOUR ideas and challenges with me. Our Chamber is a community – what do you need to succeed? I look forward to the flow of communication that builds our community. Together, we're going to take the Chamber to new places that represent unprecedented opportunities for you and your business.

The HUMOR PROJECT PRESENTS Taking Your Job Seriously and Yourself Lightly

Join us for a fast-paced, fun-filled and FUNomenal event when **The HUMOR Project** presents **The Laughing-Leading Link: Taking Your Job Seriously and Yourself Lightly**. Get ready for a combination of learning-filled, laughter-fueled, powerful principles and amusing anecdotes to help you see the connection between the bottom line and the funny line. You'll discover:

» The Steve Allen Principle (the secret to developing your comic vision and



ASK A BOARD MEMBER: HR Law for 2017 & Beyond

Michael E. Ginsberg, Esq. is the Managing Partner of the law firm Pattison Sampson Ginsberg & Griffin P.C. which has provided cost effective, quality representation since 1813. He serves as external and chief litigation counsel to Rensselaer Polytechnic Institute and has been



its' Acting General Counsel. He is a member of the Albany Business Review's 40 Under Forty. His areas of practice include business and commercial law, employment matters, civil litigation, higher education law and estate planning.

Q: What is New York's new Paid Family Leave Benefits Law (PFLBL)?

A: A series of amendments to the Worker's Compensation laws designed to provide the nation's strongest family leave policy to New York State workers. It provides 12 weeks of paid family leave when caring for an infant, family member with a serious health condition or where a family member is called to active military duty. It may be taken intermittently. Unlike the federal Family Medical Leave Act (FMLA) which only applies to employers with 50 or more employees New York's PFLBL applies to all employees in NYS who work 26 or more consecutive weeks for an employer. The benefits are to be funded by a small payroll deduction which, in theory, should not cause additional cost to the employer. Implementation is to begin on January 1, 2018, when employees may receive up to eight weeks of paid benefits at 50% of their average weekly wage, not to exceed 50% of the NYS average weekly wage. Benefits will increase annually until January 1, 2021, when employees may receive up to 12 weeks paid leave up to 67% of the NYS average weekly wage.

Q: What is the schedule for NYS minimum wage increases in the Capital District?

-		
A: This schedule is for all workforce sizes:		
December 31, 2016	\$9.70	
December 31, 2017	\$10.40	
December 31, 2018	\$11.10	
December 31, 2019	\$11.80	
December 31, 2020	\$12.50	
TBD	\$15.00	

finding humor in your life and work)

- » Reasons why you should be very serious about humor
- » How humor might improve the quality of both your life and work
- » Potent personal and professional ways to tap the positive power of humor

This is a great opportunity to learn from a recognized expert, Dr. Joel Goodman, founder of The HUMOR Project. In addition, the Chamber is offering a *SPECIAL VALUE FOR ATTENDEES:* the first 100 people to pre-pay for this event will receive a free copy of Dr. Goodman's book "Laffirmations: 1,001 Ways to Add Humor to Your Life and Work." Sign up today!

Register now for The HUMOR Project Presents The Laughing-Leading Link: Taking Your Job Seriously and Yourself Lightly on Tuesday, February 7 at the Hilton Garden Inn, 235 Hoosick Street in Troy. Registration and breakfast at 7:30 a.m.; program 8-9:30 a.m. \$50 members; \$75 walk-in members; \$100 future members. Sponsored by CDPHP and Groff NetWorks, LLC.



Dr. Joel Goodman is founder of The HUMOR Project, Inc. in Saratoga Springs (HumorProject.com), the first organization in the world to focus on the positive power of humor. Joel is a popular presenter whose programs have tickled and touched the lives of millions all over the planet. In fact, Joel is one of only two professional speakers in the world to have presented in all 50 states and on all seven continents. Author of eight books and recipient of the International Lifetime of Laughter Achievement Award, his pioneering work has been featured in 7,000+ TV and radio shows, newspapers and magazines in 175+ countries.

This information is not a substitute for advice from independent legal counsel and does not create a lawyer client relationship. You should not act upon such information without first seeking advice from your attorney. In the State of New York attorneys are not permitted to hold themselves out as experts and no such representation is being made herein.

"Ask a Board Member" is a monthly Q&A featuring members of the Chamber's Board of Directors.



The Rensselaer County Regional Chamber of Commerce is a business, civic and economic development alliance that strives to enhance the economic vitality of Rensselaer County and the neighboring Gateway communities of Cohoes, Green Island, Waterford and Watervliet. The Chamber seeks to improve the quality of life within the community for both residents and businesses.

"insight" is published monthly. Submissions are considered for publication based upon content and space availability.

NEW MEMBERS

Audubon International Environmental & Geological Consultants Rep: Fred Realbuto 120 Defreest Drive Troy, NY 12180 Phone: 518.874.4654 auduboninternational.org

Benetech, Inc.

Human Resources Consulting Rep: Jason Barnes 1 Dodge Street North Greenbush, NY 12198 Phone: 518.283.8500 benetechadvantage.com

Cap City Soccer, LLC

Sports Teams Rep: Nick Southworth 2060 Baker Avenue Niskayuna, NY 12309 Phone: 518.312.6425 capcitysoccer.net

East Greenbush Castleton

Youth Baseball Baseball Rep: Christopher Loszynski 5 Gilligan Road East Greenbush, NY 12061-0371 Phone: 518.477.6440

Eastern Door Counseling

Counseling - Marriage & Family Rep: Keli Rugenstein 620 Washington Avenue Rensselaer, NY 12144 Phone: 518.210.2486

Evergreen Commons Nursing &

Rehabilitation Center Rehabilitation Services Rep: Rean Enriquez 1070 Luther Road East Greenbush, NY 12061 Phone: 518.479.4662 evergreen-commons.com

Judge Development Corp.

Real Estate Development Rep: Alisha M. Rogers 255 River Street Fifth Floor Troy, NY 12180 Phone: 518.274.3325

Paychex, Inc.

Payroll Preparation Rep: Brian McMahon 94 New Karner Road Albany, NY 12203 Phone: 518.456.4123 paychex.com

Harris, Conway & Donovan, PLLC Lawyers Rep: Ryan E. Manley, Esq. The Patroon Building 5 Clinton Square

MEMBER NEWS



GLOBALFOUNDRIES U.S., Inc. partnered with miSci to provide STEM education to underserved students. Through a \$10,000 grant, GLOBALFOUNDRIES enabled 300 middle schoolers

from Boys and Girls Clubs in Albany, Lansingburgh, Schenectady, Southern Rensselaer and Troy to experience the Challenger Learning Center (photo above), Suits-Bueche Planetarium and more. Visit globalfoundries.com and misci.org.

CAP COM Federal Credit Union opened its newest branch at 100 Van Rensselaer Square, at the intersection of Routes 4 & 43 in North Greenbush. It is the credit union's 10th branch. CAP COM serves more than 120,000 members. The new location features a modern, welcoming teller line, a rainforest-themed kids' play area and additional space for members to meet privately with staff. The branch also has an upgraded ATM with image-enabled technology, making it easier to deposit cash and checks. Visit capcomfcu.com.

Bootleggers on Broadway in Troy and students from La Salle Institute assembled 100 boxed dinners, complete family meals, to donate to Unity House of Troy, Inc. The donation went to local families in need. Visit bootleggersonbroadway.com, lasalleinstitute.org and unityhouseny.org.



Rocky's Music Studio (photo above) hosted an exciting Winter Mini Jam and is offering new beginner group classes for guitar and ukulele. The full-service music studio, located at 564 Bloomingrove Drive in North Greenbush, provides lessons for all instruments and features a complete on-site music retail store with complete drum sets, guitar packages and supplies/books for school band participation. Gift certificates are available. Visit rockysmusicstudio.com.

NY Wine & Liquor Warehouse hosted a ribbon-cutting and grand opening celebration (photo above) at its newest location, 75 Vandenburgh Avenue in the Hudson Valley Plaza, Troy. The shop carries wines and liquors from around the world and New York State. Visit nywineandliquorwarehouse.com.

MVP Health Care partnered with CapitalCare Medical Group and Albany College of Pharmacy and Health Sciences to help patients with chronic illness by funding the addition of a clinical pharmacist to the CapitalCare team. The pharmacist works with patients to reduce medication errors, particularly when multiple medications are prescribed. Visit mvphealthcare.com.

The Troy Savings Bank Music Hall launched a Member Benefit program including a discount card for downtown shops, boutiques and restaurants. Donors of \$50 or more receive priority ticket ordering at the music hall, advance notice of shows and discounts at local merchants. To become a donor or a participating merchant, contact Maureen Neufeld, director of development, at 518.273.8945, ext. 16. Visit troymusichall.org.

Saratoga National Bank and Trust Company was

recognized as a 5-Star superior bank by BauerFinancial, Inc., the nation's leading bank rating and research firm. Saratoga National has earned this designation for the past 31 consecutive quarters. Visit saratoganational.com.

Mosaic Associates Architects

promoted Matthew Gaspary and Lauren Tarsio to the position of associate. Gaspary has been with the firm for more than 15 years. He will graduate from the Chamber's



Leadership Institute in March. Tarsio has more than 10 years of experience, including five with Mosaic. She is an alumna of The Leadership Institute. Visit mosaicaa.com.

events calendar 2017

FEBRUARY

The HUMOR Project presents

The Laughing-Leading Link: Taking Your Job Seriously and Yourself Lightly

This fast-paced, fun-filled, FUNomenal presentation will help you see the connection between the bottom line and the funny line. Presented by Dr. Joel Goodman, founder of The HUMOR Project, Inc. Cost is \$50 members; \$75 walk-in members; \$100 future members. Registration and breakfast 7:30 a.m.; program 8-9:30 a.m. At the Hilton Garden Inn, 235 Hoosick Street in Troy. Sponsored by CDPHP and Groff

Thursday • 3/16 **College Presidents Breakfast**

A panel featuring regional college presidents. discussing their unique academic communities and the impact of higher education as an economic driver in the greater Capital Region. Cost is \$35 members; \$50 walk-in members; \$70 future members. Registration and breakfast 7:30 a.m.; program 8-9:30 a.m. At the Hilton Garden Inn, 235 Hoosick Street in Troy. Sponsored by Mosaic Associates Architects.

MARCH

Thursday • 3/23

ADDITIONAL INFO

TIMES:

All breakfast events have registration and breakfast at 7:30 a.m., with the program from 8-9 a.m. (unless otherwise noted).

All luncheon events have registration and lunch at 11:30 a.m., with the program from 12-1 p.m. (unless otherwise noted).

Albany, NY 12207 Phone: 518.436.1666

Van Allen Apartments

Apartments Rep: Heather Schechter Van Allen Way Rensselaer, NY 12144 Phone: 518.389.2004 vanallenapartments.com

WMHT Educational Telecommunications Television Stations & **Broadcasting Companies** Rep: Mary Ann Cooper 4 Global View Troy, NY 12180 Phone: 518.880.3400 wmht.org

NetWorks, LLC.

Tuesday • 2/7

Thursday • 2/16 Meet the Legislators Luncheon

An informative panel discussion of the issues facing our communities. Participants are NYS Senators Neil D. Breslin and Kathleen A. Marchione and NYS Assemblymen John T. McDonald III and Steven McLaughlin. At the Hilton Garden Inn, 235 Hoosick Street in Troy. Sponsored by CAP COM FCU, Express Scripts and National Grid.

Tuesday • 2/28 Wonder Women Mentoring Breakfast

Back by popular demand! A series of three 20minute roundtables and group discussions led by leading wonder women of the region. Timely topics about today's work and life challenges. Cost is \$35 members; \$50 walk-in members; \$70 future members. Registration and breakfast at 7:30 a.m.; program 8-9:30 a.m. At The Century House, Route 9 in Latham. Sponsored by CAP COM FCU.

The Leadership Institute Graduation

Join us to celebrate the Class of 2017. Cost is \$50 per person; Chairman's Circle tables of 10 are \$550. Registration and networking reception at 5:30 p.m.; graduation ceremony at 6:30 p.m.; dinner at 7 p.m. At the Franklin Terrace Ballroom, 126 Campbell Avenue, Troy. Sponsored by KeyBank. Media sponsor is the Albany Business Review.

Tuesday • 3/28 **NetworkingPlus Luncheon**

Get connected, develop leads and build relationships at this fast-paced structured networking event facilitated by Chamber ambassadors. With topic-driven themes and three table rotation. Cost is \$35 members; \$50 walk-in members. Registration 11:30 a.m.; program 12-1:15 p.m. At the Hilton Garden Inn, 235 Hoosick Street in Troy. Sponsored by The Doane Stuart School.

SAVE THE DATE

Join us for the 117th Annual Dinner {with a twist} & Business Expo on Thursday, May 4 for an evening of non-stop networking on three floors, gourmet food and member expo booths. Mark your calendars now for our premier event!

COSTS:

All programs are \$35 (unless otherwise noted) for members who have pre-registered. The cost for walk-in members is \$50. The cost for future members is \$70 (unless otherwise noted).

No-shows will be billed; 24-hour notice is required for all cancellations.

Register online at: renscochamber.com/events

Questions? Contact Gabrielle Polce **Events Manager** 518.687.1238 gpolce@renscochamber.com

If you have special requirements, please contact us one month prior to event to ensure we are able to provide for your needs.

NEW FACES New Chamber Staff is Focused on Members

The Chamber welcomes two new staff members who bring experience, enthusiasm and creativity to our services. Look for these new faces at Chamber events, give a call or stop by to say "hello."



Valerie "Val" Lazzari is the executive assistant to the president and office manager. Her responsibilities include managing communications and planning for the Chamber board and executive committee. She supports the president in many aspects while managing the Chamber office's day-to-day operations, including the two conference rooms that are available to our members. Prior to joining our Chamber, Val was an executive assistant and program administrator at Harvard University's Advising Programs Office and, most recently, lived in Seattle, Washington

where she worked with the chief executive officer of a growing tech company, Smartsheet. **Contact Val at 518.687.1241 or vlazzari@renscochamber.com**.

Nancy Carmello is the membership coordinator at the Chamber. The primary responsibilities of this position are to support the membership manager in recruiting and retention of new and existing businesses, as well as working with the Ambassador Committee and general office assistance. Nancy brings more than 20 years of sales and marketing experience to her position. She formerly worked with a local lending institution, assisting with new website design/editing and maintaining the company's social media. Nancy has also worked as an employment



marketing specialist and a full-time associate broker in residential real estate. She currently maintains her New York State real estate associate broker's license. **Contact Nancy at 518.687.1242 or ncarmello@renscochamber.com.**

Check Out These Chamber Benefits ONLINE JOBS & VOLUNTEER BOARD

Looking for a new employee? Interested in attracting volunteers? Welcome to the Chamber's online Jobs & Volunteer Opportunities Board. All around the region, Chamber member employers and organizations are posting new positions available immediately. Post all of your



opportunities at *renscochamber.com/edp*, one of our most popular website pages. It's free! All positions are reviewed before being published.

🗹 ON-THE-JOB TRAINING



In an ever-changing economy, it's important to stay ahead of the curve with workforce development. Rensselaer County's One-Stop Career Center provides resources, assistance and training opportunities that help businesses and organizations save on their bottom line. One-Stop assists you with job postings, candidate screenings, direct

job referrals, interview space and on-the-job training for both new and existing employees. All of these services, and more, are provided free of charge. If you are struggling to find or retain qualified employees, or seeking to upgrade the skills of your workforce, the One-Stop Career Center can help you reach your goals and stay competitive. For information, contact Brian Williams at 518.270.2860 or visit *rensco.com/employment.asp.*



CHAMBER MEMBER Spotlights



CSArch celebrated its 25th anniversary amid a successful year marked by growth. "Our involvement in several major, gamechanging education projects across the region have added to our growth," said Randolph Collins, president. A few of

the notable projects include the University at Albany's College of Engineering and Applied Sciences, a redesign of the Albany High School and the interior fit-up of Pioneer Bank's new corporate headquarters.

CSArch's staff has grown by 40% in the last year. The firm brought interior design in-house, doubled its Newburgh personnel and added to its engineering department. In addition, CSArch launched ARCH (Achieving Rewarding Career Heights), a program that encourages experienced staff to mentor younger employees to set and achieve career goals. The firm also works to nurture the entrepreneurial and creative spirit of staff members through design projects outside of work, including design competitions and local community initiatives. The success and growth of CSArch was recognized by the *Albany Business Review's* List of Top Companies, *Architectural Record's* Top 300 Architecture Firms and the number one spot in *Engineering News Record's* ranking of New York/New Jersey Top Design Firms.

CSArch was founded as Collins + Scoville Architects, PC in 1991. The firm's name was changed in 2008 to better reflect its full-service offerings, including architecture, mechanical, electrical, plumbing, engineering, construction management and energy services.

CSARCH ARCHITECTURE | ENGINEERING | CONSTRUCTION MANAGEMENT 40 BEAVER STREET | ALBANY, NY 12207 PH: 518.463.8068 | CSARCHPC.COM



Connecting business and people in ways that change lives is the motto at **Superior Group**, one of the leading workforce solutions providers in the country. Originally a one-man design and drafting firm based in Buffalo, New York, Superior has grown during the past 60 years to include more than 30 national and 10 international offices, including a flagship office in Albany.

Superior works to find all types of talent for companies of all sizes. From a temporary worker to c-suite executive—and everything in between—Superior knows how to provide staffing solutions. In fact, last year the company matched more than 9,000 candidates with companies around the globe.

The Small Business Development Center (SBDC) provides no-cost business counseling by experienced small business advisors to startups and existing businesses with fewer than 50 employees. SBDC professionals meet with entrepreneurs to determine needs, answer questions and establish a plan of action to achieve their business goals. It is through this close



business interaction that SBDC provides the personalized, enterprise-specific and client-directed support needed to start, expand or re-energize your business. A representative from SBDC is available every other Thursday at the Chamber office. For more information, visit *renscochamber.com/edp/business/ businessdevelopment or nysbdc.com.*

ONLINE COMMUNITY CALENDAR

Planning an open house, a fundraiser or a ribbon cutting? Keep the regional business community aware of your upcoming events and milestones with the Chamber's free Community Calendar at *renscochamber.com/community-calendar*. Chamber members can post events and check out the news of other business and nonprofit members.

For a full listing of member benefits, visit renscochamber.com.

But it doesn't stop there. Superior offers a variety of workforce solutions, from a propriety vendor management system (VMS) used by Fortune 500 companies to automate staffing processes to IT or CAD outsourcing, to independent contractor screening services. Regardless of the type of service, Superior's customer satisfaction results reflect the company's commitment to flexibility and innovation. In 2016, Superior achieved an overall customer satisfaction rating of more than 97%.

Superior's local sales associate is Mariah Ramundo, a proven workforce solutions expert. An active member of the Chamber's Ambassador Committee, and familiar face at Chamber events, she is dedicated to serving businesses in the Rensselaer County region. Contact her at 518.982.5058, ext. 6509 or ramundom@superiorgroup.com.



SUPERIOR GROUP 21 CORPORATE DRIVE, SUITE 210 | CLIFTON PARK, NY 12065 PH: 518.982.5058 | SUPERIORGROUP.COM

Complimentary Spotlights are awarded by random drawing at Chamber events. To purchase a Spotlight, contact Maureen McGuiness at mmcguinness@renscochamber.com. Members must be in good standing and not have been featured within the past 24 months.

insight into...

Direct Mail Contact List

Looking for a cost-effective way to build your contact list and reach out to potential clients? The Chamber's direct mail list is the answer. If you are planning a direct mail campaign as part of your overall marketing plan, our easy-to-use list is a great source for expanding your prospects quickly and affordably. Choose from two options: an Excel format or printed directly to mailing labels. Either way, our Direct Mail list jump-starts your targeted marketing campaign. Save time and money by requesting a customized list to suit your needs. Contact the Chamber at 518.274.7020 or visit renscochamber.com and click on the "Advertising" tab.

2017 BOARD OF DIRECTORS

JOHN M. AHEARN, Board Chair* Rifenburg Construction, Inc.

KELLI ARNOLD KeyBank, NA

VICTORIA CAROSELLA BAECKER **CDPHP**

CHRISTOPHER BURKE* Unity House of Troy, Inc.

LISA DESPART Action Window Cleaning Co., Inc.

MICHAEL A. DIACETIS* National Grid

MICHAEL E. GINSBERG, ESQ.* Pattison, Sampson, Ginsberg & Griffin, PC

IAN GLASGOW Next Advance, Inc

LAUREN GROFF* Groff NetWorks, LLC

HOWARD GROSS* eBizDocs

ALISA C. HENDERSON Duncan & Cahill, Inc.

PATRICK HUGHES* Pioneer Bank

SUSAN KAMBRICH* Woodland Hill Montessori School

ANDREW KINERSON Gettysburg Flag Works, Inc.

GEORGE E. LaMARCHE III, ESQ LaMarche Safranko Law, PLLC

ALISON LEONARD architecture+

JOHN MILLET Bouchey & Clarke Benefits, Inc.

RICK MURPHY Tri-City ValleyCats

REGIONAL CHAMBER of COMMERCE SINCE 1900 "Serving New York's Tech Valley

90 FOURTH STREET, STE.200 | TROY, N.Y. 12180 RENSCOCHAMBER.COM

PRSRT STD U.S. POSTAGE PAID ALBANY, NY PERMIT NO. 164

REGIONAL REPRESENTATIVES Chamber's Meet the Legislators Luncheon Feb. 16

T tate representatives will participate in a panel discussion at the Chamber's upcoming Meet the Legislators Luncheon. Join us as we meet our region's New York State Senate and Assembly members and discuss topics such as ethics in government, budget issues, business regulations and upstate revitalization initiatives. Participants are



(above right, l-r) New York State Senators Neil D. Breslin and Kathleen A. Marchione and New York State Assemblymen John T. McDonald III and Steven McLaughlin.

Meet the Legislators Luncheon is on Thursday, February 16 at the Hilton Garden Inn, 235 Hoosick Street in Troy. Sign up online at renscochamber.com/events. Registration and lunch at 11:30 a.m.; program 12-1 p.m. \$35 for members; \$50 for walk-in members; \$70 for future members. Sponsored by CAP COM FCU, Express Scripts and National Grid.



EXPRESS SCRIPTS nationalgrid

BACK BY POPULAR DEMAND Discover Your "Wonder Woman" on February 28



to harness **I**the power within, build your professional and personal networks and find inspiring mentors at the Chamber's upcoming Wonder

earn how

Women Mentoring Breakfast. We're gathering top women professionals (list at right) to share their experiences by hosting a series of three 20-minute roundtables for attendees, sparking lively and candid conversations about career challenges and solutions. Table hop as you meet with mentors and discover new strategies for success. Following the roundtables will be break-out sessions for even more discussion.

Topics include: Work? Life? Balance; If You are Competent, it's Time to be Confident!; Moving Your Career to the Next Level; Lessons Learned (What I Wish Someone Had Told Me); and Having Difficult Conversations. Sign up now for an event that will give you "a-ha!" moments, new connections and

MEET OUR MENTORS

Heather C. Briccetti, Esq., President & CEO The Business Council of NYS, Inc. Lorraine Ferguson, Sales Associate Sandler Training

Daquetta Jones, Executive Director YWCA of the Greater Capital Region, Inc. Susan Kambrich, Head of School Woodland Hill Montessori School Monica Kurzejeski, Deputy Mayor City of Troy Annmarie Lanesey, President Greane Tree Technology Katherine Maciol, President CEO (Commission on Economic Opportunity) Denise Murphy McGraw, Partner Hill, Gosdeck & McGraw, LLC Christine Nealon, Executive Director TRIP

Register now for Wonder Women Mentoring **Breakfast** on Tuesday, February 28 at The Century House, Route 9 in Latham. Registration and breakfast at 7:30 a.m.; program 8-9:30 a.m. \$35 members; \$50 member CAP



LARRY NOVIK Bonacio Construction, Inc.

KATE OTIS DeCrescente Distributing Co., Inc.

DENISE PADULA* The Alchar Printing Group

MEL QUINLAN Oberlander Group

PAMELA REHAK St. Peter's Health Partners

NICOLE STEIN* SEFCU

JEFFREY VUKELIC Saratoga Eagle Sales & Service

DR. DONNA WATSON Enlarged City School District of Troy

* Executive Committee members.

take-away solutions. Bring your {superhero} cape and discover the wonder woman in you!

walk-ins; \$70 future members. Sponsored by CAP COM FCU.



AWARD-WINNING TRAINING The Leadership Institute Class of 2018 Forming

Attend: Open House

Learn about The Leadership Institute at an open house on Friday, April 7, from 8:30-9:30 a.m. at the Chamber. Talk with graduates, pick up an application and start planning for your success!

Apply: New Class Starting

Take your career to the next level and seek an educational experience that builds effective leadership. Elevate your professional and personal life as you learn real-world skills from leaders with our distinguished faculty. Increase value in your company and in your community. Application deadline is Wednesday, May 17 at 5 p.m. Visit *renscochamber.com*.

Accomplish: Graduation

Join us at a graduation ceremony and dinner in honor of The Leadership Institute's Class of 2017 on Thursday, March 23 at 5:30 p.m. at the Franklin Terrace Ballroom, 126 Campbell Avenue in Troy. Reservations are \$50 per person, and Chairman's Circle tables of 10 are available for \$550, including name recognition in the evening's program.





The Leadership Institute is sponsored by KeyBank, with media sponsorship by the Albany Business Review.



Watch the Smiles Grow

What do you get when you combine your extraordinary food and business expertise with our nutrition and marketing know-how? **Grow Your Seasons**[™] – a unique, collaborative marketing approach to growing your food venture. Whether you are a food artisan, farmer, restaurateur, or developing a recipe to bring to market, we can help. Contact us today to learn more and watch your food venture grow.

growyourseasons.com 518-235-6057 facebook.com/growyourseasons

"When it comes to marketing Catherine knows what she's doing-she has made some clever suggestions that have increased attendance to our events by 20%, without any additional cost to the company. I look forward to hearing what she comes up with next!"

> Georgia Julius • Education Coordinator Honest Weight Food Co-op • Albany, NY



Troy Studio 828 Hoosick Rd, Troy, NY 12180

Feeling lost and unmotivated? don't give up yet!

- » We teach & motivate you!
- » 30 Minutes is all you need!
- » 2 Convenient locations!
- » Let us show you why we are your **FITNESS SOLUTION**

Perfect for any fitness level. It's time you feel great again.

Attention business owners!

Ask us about our corporate membership options for you and your employees.

WINNER OF SWEAT INC.

Spike

SPECIAL OFFER! 30 Days ONLY \$59 plus FREE Boxing Gloves

(no contract needed)

Email us at: info@focusmaster.com

FOCUSMASTER



Providing an exceptional educational experience for students in preschool through 8th grade.



SUSAN ODELL Taylor School Nurturing Minds | Shaping the Future Lower School (preschool - 4th grade) in Troy's historic East Side neighborhood



Call **518.274.4994** today to learn about all we have to offer and to schedule a tour!

sclarkson@taylorschool.org www.taylorschool.org

HUDSON VALLEY COMMUNITY COLLEGE

Make the Workforce Development Institute YOUR CAREER SKILLS TRAINING PROVIDER

Recent Clients:

Ambrose Electric

Apex Solar

Bechtel Marine Propulsion Corp.

Belvedere Health Services

Bonacio Construction

Chazen Companies

CT Male

DeCrescente

Ellis Hospital

Engineered Solutions

Flynn and Loveridge Security Training

We Can Develop Training Programs That Meet YOUR Specific Needs!

Customized Training Solutions Offered On-site at Your Business or Off-site

Choice of Training Formats:

- Classroom
- Online
- Blended
 - Online Independent Study

General Electric Gurley Precision Instruments Integrated Medical Technologies Mosaic Assoc. Architects

NYS Assembly

NYS Parks

Polsinello Fuels

RENARC

Saratoga Springs DPW

Spring Line Design

Troy DPU

Watervliet Arsenal



CORPORATE PROGRAMS and WORKFORCE DEVELOPMENT at Hudson Valley Community College Email wdi@hvcc.edu. Call (518) 629-4835. Pharmacy Tech.

Health Care

AutoCAD Revit Inventor

IT

Cyber-

security

The Current Cornel

Machining NDT GD&T PM and Quality

Project

Management

HVAC Refrigeration

Drone Training

Business Writing and Reports Security Guard Training

Spanish for Professions AND MUCH, MUCH MORE!

Course details available at www.hvcc.edu/wdi

CORPORATE PROGRAMS and WORKFORCE DEVELOPMENT at Hudson Valley Community College

Email wdi@hvcc.edu. Call (518) 629-4835.



WORKFORCE DEVELOPMENT INSTITUTE



Business Expo Booth Participant Information

Expo Booth Details & Size Restrictions

- » Each booth is limited to one 6' x 4' table.
- » Electrical connections are available at no additional charge.

Set-Up Details

» Please set-up between 8:00 a.m. - 1:30 p.m. on Wednesday, May 3, 2017 at the tent at the Franklin Plaza.
 » Please enter through the Plaza's main entrance and see the check-in booth for your booth location.
 » All booths must be set-up by 1:30 p.m. Chamber staff will monitor the expo tent until 5:00 p.m.

Door Prize

» Each participant must provide a door prize (minimum value of \$25) from a Chamber member business.

Registration

Contract Information

» Space is limited to the first 50 paid expo booths (a booth is not confirmed until payment is received).

Business Expo Booth Registration Form

Confact mormation			
Member Business:			
Contact Person:			
Phone:	Ext:	Email:	
Annual Dinner {with a twist} & *\$375 Early Bird price if purchased befor Includes one (1) business expo booth with Name of individual included with booth:	e March 1. Expo booth price wi h one (1) Annual Dinner reserve	II be \$475 on March 1 and after. ation.	=
Each additional dinner reserv Additional Guests Name(s): _			=
			TOTAL: \$
🗌 I would like an e	electrical connection a	t my booth (no additional charg	e)
	anding display and will syment Information:	not need a 6' x 4' table	
	🗌 Check enclosed (I	Please make checks payable to	"RCRCC")
	Pay by Credit Car	d. Please call the Chamber at 51	8.687.1238
For more information, please of Events Manager Gabrielle Pol		olce@renscochamber.com	
Mail completed form to: Rensselaer County Regional 90 Fourth Street, Suite 200, Tro		9	RENSSELAER COUNTY REGIONAL CHAMBER of COMMERCE